



SEPTEMBER

Union High School Breakfast Menu

Students may choose one of the following instead of the main entrée:

Assorted Cereal
Cereal Bars
Elf Grahams

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day No School	2 Pancake and Sausage Stick	3 Mini Filled Bagels	4 Frudel	5 Soft Pretzel
8 Mini Pancakes	9 Benefit Bars	10 Assorted Pop Tarts	11 Assorted Donut Holes	12 Breakfast Sausage Pizza
15 Mini Cinnis	16 Churros	17 Snack n Waffles	18 Funnel Cake	19 Breakfast Sandwich
22 Mini French Toast	23 Pancake and Sausage Stick	24 Mini Filled Bagels	25 Frudel	26 Soft Pretzel
29 Mini Pancakes	30 Benefit Bars			

Students may choose one of the daily entrée choices which includes the protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables and milk. Students must choose at least 3 of 5 menu components to make a complete meal, one of which must be a fruit or vegetable. Menus are subject to change.